# Membean Vocabulary Expectations

- You are expected to complete 45 minutes of Membean practice per week.
- You may train 45 minutes at once, or you may log in multiple times, as long as your training totals 45 minutes per week.
- Training minutes are due by Sunday of each week at 11:59 p.m.
- You do not need to record your minutes; the program will automatically save your active training time.
- Be aware that dubious minutes will **not** count. Dubious minutes are accumulated training minutes of very poor or no active training. They are marked for 3 reasons:
  1. **Sandbagging**: repeated inactivity in a training session. This includes leaving your Membean tab open while working in another tab or another web browser, leaving your tab open and "active" without legitimate activity, etc.
  2. **Disengagement**: very low accuracy. Some students intentionally answer questions wrong by randomly clicking on choices. I understand that some students take more time to comprehend new words than others, but very low accuracy is usually a sign that you are distracted and are just going through the motions to waste time. This behavior is often accompanied by review times of 10 seconds or less.
  3. **Cheating**: using a script or looking into the code to find answers.
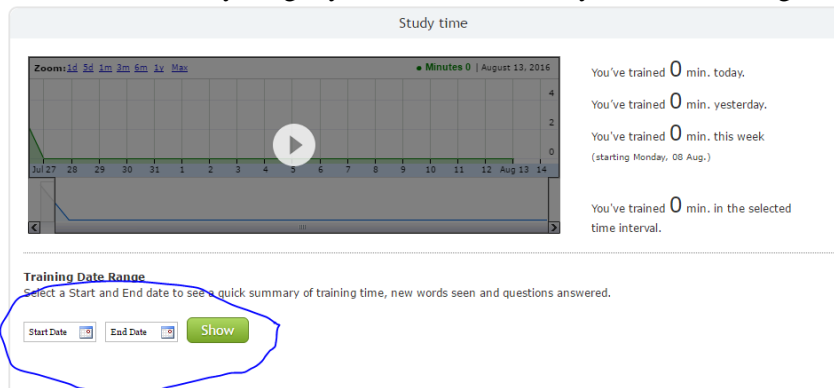
To complete training:
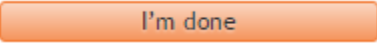
1. Go to www.membean.com.
2. Sign in:
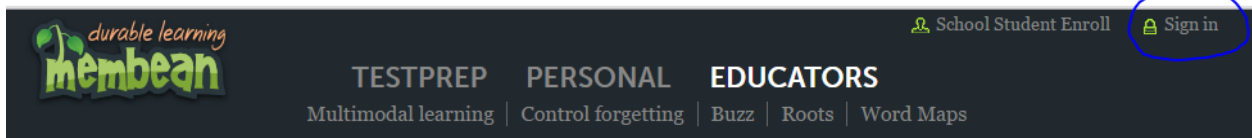
Then:
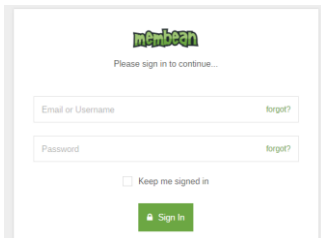
3. On your training homepage, scroll down and select a timing date range to see how many minutes you've accumulated. Always begin your week on Monday, and set the range through Sunday.

4. Click to begin training.
5. Choose a session duration.
6. When you are finished training, click .